

Panacea Family Health  
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|                             |
|-----------------------------|
| <b>Patient's name</b> _____ |
| <b>Date of Birth</b> _____  |
| <b>Today's date</b> _____   |

## Possible Indications of Intracranial Hypertension

| Sign or Symptom   | Yes | No |
|---|-----|----|
| Do you have a severe headache?  |     |    |
| Do you have pain behind your eyes?  |     |    |
| Do you have a headache everyday?  |     |    |
| Is your headache in the same location most/all of the time?                           |     |    |
| Do you commonly have nausea with your headache?                                       |     |    |
|   |     |    |
| Have you had any visual changes?  |     |    |
| Have you had any transient vision losses (usually less than 30 seconds)?              |     |    |
| If yes, have these vision losses occurred with a change in posture or Valsalva?       |     |    |
| If yes, does your vision return back to baseline/normal?                              |     |    |
| Any peripheral vision loss?   |     |    |
| Any loss of vision in area nearest the nose?  |     |    |
| Any problems with eye movements/muscles that control movement of the eye?             |     |    |
| Any diagnosis of papilledema on eye exam?   |     |    |
|   |     |    |
| Do you have tinnitus (ear ringing)?   |     |    |
| Is it one ear only?   |     |    |
| Is the tinnitus a whooshing sound?  |     |    |
| Does the tinnitus correlate with your pulse?  |     |    |
| If you turn your head toward the ear with tinnitus, does that make the sound go away? |     |    |
|   |     |    |
| Sharp, deep nerve pain in the arms, shoulders/upper back, hips/lower back, and legs?  |     |    |
| Extremely painful stiff and sore neck that is hard to move?                           |     |    |
| Balance problems or difficulties walking?   |     |    |
| Dizziness or lightheadedness?   |     |    |
| Numbness/tingling in hands, feet or face?   |     |    |
| Fluid leaking from nose and/or ears?  |     |    |
| Hormone problems?   |     |    |
| Diagnosis of "empty sella" on brain imaging (MRI, CT or Xray)?                        |     |    |
| Fatigue?  |     |    |
| Depression?   |     |    |
| Memory difficulties?  |     |    |
| Exercise intolerance?   |     |    |